

# SIGNATURE HOUSE

## NEWSLETTER

### April 2018

Firstly I would like to welcome everyone, to our first of many, monthly newsletters here at Signature House. This will be an ongoing addition to enable everyone to see and read clips about what we are doing here, with our lovely residents.

I hope you have all had a fantastic Easter, and enjoyed all the chocolate.

Recently we have had a new addition to our activities, every Thursday we are having a gentleman called Craig in, which is seated exercise. We have a numerous number of residents who enjoy this activity and like to participate. We also take into account those who aren't as able, which are provided with a one to one session rather than a group session.

Another activity which proves to be popular is our creative clay, in March we had the theme March madness, which both residents and staff made some very fetching rabbits, which were put into a kiln, and very kindly sent back to us here. We are still finding ways to display these, without risking breakages.

Laura from Kingston Maurward, comes in to visit the residents, floating the floors with animals that she brings in. Photographs are taken for each activity and we like to document what the residents think and how they react.

We work very hard here as a team at Signature House, to provide the best care we can for each and every resident, as an individual.

We provide activities on a one to one basis, and also as a group. For instance, some enjoy a group session, quizzes, art, baking....and others will enjoy a more individual activity such as reading or poetry, looking through old photos or talking about past events.



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*A note from Kerry - Manager*

*Did you know?*

It is care home open day on 21<sup>st</sup> April please encourage everyone to come along, a list of events will be displayed in the home!

3<sup>rd</sup> floor have been going through some changes this month, we have removed the wall in the dining room area, and this looks open and fresh! Please do go and have a look let us know your thoughts.

We are very excited about a company called Oomph who will we be joining with the enable more trips out of the home all ideas for venues are welcome please let a member of our team know! For all you internet searchers the web address is; [www.oomph-wellness.org](http://www.oomph-wellness.org)



There are leaflets available in reception

The trust as you know have been looking into re-branding, this has been an exciting time watch this space for more news!

We have welcomed Craig this month who has been doing weekly exercises with everyone! This has been a big hit and for those who want one to one he has catered for all! A big thank you from us at Signature House Craig!

Plans for this month include;

Exercise with Craig! Every Thursday morning.

Don't forget the Queen's birthday!

Mark the piano man 13<sup>th</sup> April

Kingston Maurward visit – the animals are back! (we very much enjoyed the chicks this month!) 17<sup>th</sup> April

Biscuit baking 20<sup>th</sup> April

Music with Magdalena 27<sup>th</sup> April

Creative clay! 24<sup>th</sup> April

And much more – see our activities planner for all the dates!

Don't forget we are helping to make the carnival bunting for Dorchester please come along and help! 10<sup>th</sup> April and 23<sup>rd</sup> April.

We have collated the results of our resident's survey, they have been displayed on each floor and a copy is in the reception please have a read.

Thank you for reading!



*Together we care*